

**CHAPTER 1078****ANABOLIC STEROIDS***H.F. 2372*

**AN ACT** relating to anabolic steroids, and providing a criminal penalty concerning the distribution of anabolic steroids to minors.

*Be It Enacted by the General Assembly of the State of Iowa:*

Section 1. Section 203B.2, Code Supplement 1989, is amended by adding the following new subsection:

**NEW SUBSECTION. 1A.** "Anabolic steroid" means any anabolic steroid, including, but not limited to oxymetholone, oxandrolone, ethylestrenol, methandrostenolone, stanozolol, nandrolone phenpropionate, nandrolone decanoate, and any other substance designated by the board as an anabolic steroid through the adoption of rules pursuant to chapter 17A.

Sec. 2. Section 203B.3, Code Supplement 1989, is amended by adding the following new subsection:

**NEW SUBSECTION. 23.** Selling, dispensing, or distributing; causing to be sold, dispensed, or distributed; or possessing with intent to sell, dispense, or distribute, an anabolic steroid to a person under eighteen years of age, with knowledge that the anabolic steroid is not necessary for the legitimate treatment of disease pursuant to an order of a physician.

Sec. 3. Section 203B.5, subsection 1, Code Supplement 1989, is amended to read as follows:

1. A person who violates a provision of this chapter, other than a violation of section 203B.3, subsection 23, is guilty of a serious misdemeanor; but if the violation is committed after a conviction of the person under this section has become final, the person is guilty of an aggravated misdemeanor.

Sec. 4. Section 203B.5, Code Supplement 1989, is amended by adding the following new subsection:

**NEW SUBSECTION. 4.** A person who violates section 203B.3, subsection 23, commits an aggravated misdemeanor.

Approved March 27, 1990

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**CHAPTER 1079****DISCLOSURE OF MENTAL HEALTH INFORMATION***H.F. 2430*

**AN ACT** relating to the disclosure of certain mental health information to family members.

*Be It Enacted by the General Assembly of the State of Iowa:*

Section 1. **NEW SECTION. 228.8 DISCLOSURES TO FAMILY MEMBERS.**

1. A mental health professional or an employee of or agent for a mental health facility may disclose mental health information to the spouse, parent, adult child, or adult sibling of an individual who has chronic mental illness, if all of the following conditions are met:

a. The disclosure is necessary to assist in the provision of care or monitoring of the individual's treatment.

b. The spouse, parent, adult child, or adult sibling is directly involved in providing care to or monitoring the treatment of the individual.

c. The involvement of the spouse, parent, adult child, or adult sibling is verified by the individual's attending physician, attending mental health professional, or a person other than the spouse, parent, adult child, or adult sibling who is responsible for providing treatment to the individual.